



Who We Are

Thrive from Thorns is a registered Kenyan non-profit (under the Kenya Companies Act, 2015), committed to transforming lives of vulnerable children, youth, and families across Kenya and Africa. We address root causes—poverty, broken families, harmful cultural practices, inadequate education, violence, and youth unemployment—through holistic, sustainable programs that restore dignity, strength, and purpose.

Our Vision & Mission

Vision

A world where every life is restored to dignity, strength, and purpose.

Mission

To empower children, youth, and families through education, healthcare, economic empowerment, and mentorship that restore purpose and transform lives.

Our Values

- **Integrity:** Transparent, accountable, ethical in all our actions.
- **Compassion:** Serving with empathy and respect for human dignity.
- **Innovation:** Creative, sustainable solutions for complex challenges.
- **Collaboration:** Working with communities, government, institutions, and partners for amplified and lasting impact.
- Excellence: High standards and continuous learning in service and outcomes.

The Restorative Program – T4TRP: What It Offers Partners

The **Thrive from Thorns Restorative Program (T4TRP)** is our signature initiative. It's a human-centric, scalable model designed to restore purpose, strength, and dignity to children (6-12), adolescents (13-17), youth (18-30), and families. T4TRP meets people where they are—emotionally, spiritually, socially, economically—through a 4-step pathway:

1. **Heal** – Trauma healing, health, emotional & spiritual support

- 2. **Discover** Purpose, values, identity, talents
- 3. **Empower** Education, skills, IGVs (Income Generating Ventures), entrepreneurship
- 4. **Contribute** Community leadership, giving back, transforming others

Why Partner & Fund T4TRP

1. Alignment & Leverage

- Programs integrate multiple facets: emotional health, faith, education, economic empowerment. This means donor investments **have multiplicative impact**, not fragmented outputs.
- Model is adaptable and scalable—what works in Kenyan communities can be replicated elsewhere; partners can leverage evidence and best practices.

2. Measurable Outcomes & Accountability

- We measure impact through clear indicators: Emotional Well-Being, Purpose & Identity Index, Family Stability, Livelihood Sustainability, etc.
- Use of multiple verification tools: reflective journals, surveys, dashboards, participant testimonies.
- Reporting is periodic and transparent: termly, semi-annual, annual reports and special studies.

3. Sustainable & Community Owned

- Local ownership via community, faith institutions, schools, youth groups.
- Enterprise & IGVs ensure long-term income generating capacity, reducing dependency.
- Partnerships with universities, fellowships, and research bodies help with credibility and continuous improvement.

4. Holistic Reach Across Life Stages

• From childhood through youth to family level. Partners can support interventions across continuum, achieving generational transformation.

• Supports donor thematic priorities in education, youth empowerment, mental health, livelihoods, and community development.

Program Components & Outcomes (for Partners to Support)

Component	What It Delivers	Outcomes & KPIs
Health & Emotional Care	Counselling, psychosocial support, wellness in schools and communities	% of participants showing improved Emotional Well-Being; number receiving care; reduction in signs of trauma
Spiritual Teaching & Discipleship	Character formation, faith-based mentorship, values education	Participation levels; reports of growing integrity, compassion; local group engagement
Education & Social Mentorship	Academic support; mentorship clubs; digital & life skills	Enrollment, completion rates; improvements in performance; mentor-mentee ratio
Economic Strengthening & IGVs	Skills training, small enterprise support, innovation hubs	Number of functional IGVs; increase in household income; % of youth self-employed post training
Family & Community Restoration	Healing, values discovery, empowerment, community contribution	Family stability scores; joint budgeting practice; community service led by beneficiaries

Working with Us – What Donors & Partners Can Expect

- **Co-creation**: We welcome partners who wish to help shape program design, metrics, curricula, or expansion strategy.
- **Transparent Reporting**: Regular impact and financial reports. Access to data dashboards and external evaluations where applicable.
- **Visibility & Recognition**: Partners are acknowledged in reports, case studies, events, and media.
- **Sustainability Focus**: Joint planning for long-term programme scaling; support for building local capacity and self-reliance.
- Adaptability: Many modules are modular and can be customized to partner priorities (geography, age group, thematic focus).

Strategic Priorities & Donor Alignment

To maximise impact and support donor goals, we are focusing on:

- Expanding T4TRP into underserved regions and other nations
- Building key facilities (vocational centers, rescue centers, health hubs)
- Developing replicable life-skills and mentorship curricula
- Strengthening partnerships—government, faith, educational, research institutions
- Mobilising resources—financial, in kind, technical support—to ensure long-term sustainability

These priorities often align with donor strategies around education, youth employment, mental health, community resilience, faith & values, women & family welfare, economic development.

Impact to Date

Here are some of the results our donors and partners have made possible:

- Over 30 children have been reached through our sponsorship programs
- 1,200 children & youth reached through education, mentorship, and life skills programs
- Regular evaluations confirming improvements in emotional well-being, family cohesion, and purpose/identity clarity among participants

Plan 2025 - 2026

- Reach 20,000 children and youths weekly for mentorship sessions
- Create 500 employment opportunities for youth employment quarterly
- Reach 5000 families with parenting and sustainable ventures annually
- Reach communities through 3 medical campaigns annually for preventive and responsive health
- Reach 1000 children and youths with our scholarship programs
- Develop an integrated Discipleship and mentorship module
- Build and operate a world class vocational training centre

How You Can Partner

Partnering with Thrive from Thorns can take various forms:

- **Financial Support**: Program funding, seed grants for IGVs or facility development, matching funds
- In-kind Contributions: Expertise, training, materials, technology, volunteer time
- **Partnerships**: With universities (for research, curriculum design), faith communities, governments, private sector alliances
- **Strategic Alliances**: Co-branding, shared resource centres, collaborative projects that amplify reach

Governance & Accountability

- 100% of our income and assets are directed toward mission-related activities; **no profits to members**
- Ethical governance, transparent financial systems, independent auditing
- Donors receive periodic financial statements, impact reports; invited to site visits where feasible

Contact & Next Steps

We would welcome the opportunity to discuss possible collaboration. Here's how you can get involved:

- Request a custom proposal or concept note for a specific region, theme, or scale
- Visit program sites to observe impact directly
- Help refine or co-develop modules (curriculum, M&E)
- Join us in pioneering innovations or scaling up with shared resources

Reach us at:

thrivefromthorns@gmail.com

Let's work together to restore purpose, dignity, and strength—earmarking every partnership as a step toward thriving communities.